



**SAN DIEGO  
CHRISTIAN  
COLLEGE**

# **Drug and Alcohol Abuse Prevention Program (DAAPP)**

**For Students and Employees**

**Biennial Review Period: August 2022 to July 2024**

**Annual Review Published: October 2023**

## **San Diego Christian College**

As a Christian institution of higher education, San Diego Christian College follows the Bible's call to a sober mind and sound judgment. With the well-being of the College community in mind and in accordance with the federal Drug-Free Workplace Act of 1988 and the federal Drug-Free Schools and Communities Act of 1989, SDCC presents this program plan designed to prevent the unlawful possession, use, or distribution of illegal drugs, and the abuse of alcohol, by its employees and students. The Drug Free Schools and Campuses Regulations (34 CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) requires an Institution of Higher Education (IHE) such as San Diego Christian College (SDCC), to certify that it has implemented policies and programs to prevent the abuse of alcohol, use and/or distribution of illicit drugs both by SDCC students and employees either on its premises and as a part of any of its activities. At a minimum, an IHE must annually distribute the following in writing to all students:

1. Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees;
2. A description of the legal sanctions under local, state, or federal law for the unlawful possession or distribution of illicit drugs and alcohol;
3. A description of the health risks associated with the use of illicit drugs and alcohol abuse
4. A description of any drug or alcohol counseling, treatment, or rehabilitation or reentry programs that are available to employees or students; and
5. A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct or law.

### **I. Standards of Conduct Overview**

SDCC is committed to providing a drug-free learning and working environment. From a safety perspective, the use of drugs or alcohol may impair the well-being of students, employees, and visitors, interfere with the College's educational environment, and result in damage to College property. Therefore, it is the College's policy that the unlawful manufacture, distribution, dispensation, possession, or use of alcohol, illegal or unauthorized controlled substances or impairing substances are prohibited at any College location by college students and employees.

SDCC complies with the Drug Free Workplace Act and the Drug Free Schools and Campuses Act (DFSCA) and applicable Department of Education requirements by instituting the following practices:

1. The College will conduct an annual review of the effectiveness of the Drug and Alcohol Abuse Prevention Program (DAAPP). This activity will be the responsibility of the Vice President for Enrollment Management and Student Services or designee and/or faculty and staff members of the College's CARE Team (Behavioral

Intervention Team). The review will be completed by June 30 of each year so that this information may be used to revise the DAAPP for optimum effectiveness.

2. Annual review of information will be compiled to produce a biennial review as required by the Department of Education and the DFSCA.

### ***Definitions***

***Alcohol*** means any beverage containing at least one-half of one percent (0.5%) alcohol by volume, including malt beverages, unfortified wine, fortified wine, spirituous liquor, and mixed beverages.

***College Location*** means in any College building or on any College premises; in any College-owned vehicle or in any other College-approved vehicle used to transport students/employees to and from College or College activities; and off College property at any College-sponsored or College-approved activity, event, or function, such as a field trip or athletic event, where employees and students are under the College's jurisdiction.

***Controlled Substance*** means any substance listed in 21 CFR Part 1308 and other federal regulations, as well as those listed in California General Statutes. Generally, the term means any drug which has a high potential for abuse and includes, but is not limited to heroin, marijuana, cocaine, PCP, GHB, methamphetamines, and crack. This term also includes any drugs that are illegal under federal, state, or local laws and legal drugs that have been obtained illegally or without a prescription by a licensed healthcare provider or are not intended for human consumption. The term also applies to improper use of over-the-counter medication.

***Conviction*** means a finding of guilt (including a plea of nolo contendere) or imposition of sentence, or both, by any judicial body charged with the responsibility to determine violations of the Federal or State criminal drug and alcoholic beverage statutes.

***Impairing Substances*** means any substance taken that may cause impairment, including but not limited to bath salts, inhalants, or synthetic herbs.

***Reasonable Suspicion*** is the legal standard required before the College can require a student or employee to take a drug or alcohol test. Some of the factors that constitute reasonable suspicion are a) direct observation of drug use or possession; b) direct observation of the physical symptoms of being under the influence of drugs; c) impairment of motor functions; d) pattern of abnormal or erratic conduct or behavior; or e) reports from reliable sources or credible sources (anonymous tips may only be considered if they can be independently corroborated).

### ***Limited Immunity***

#### ***California Good Samaritan Law (CA AB 1999; CA AB 472)***

This bill grants "limited immunity from criminal prosecution for any person under the age of 21 years who is subject to prosecution ... where the person under the age of 21 years called 911 and

reported that either himself or herself or another person was in need of medical assistance due to alcohol consumption and conformed to other specified requirements."

This bill provides "that it shall not be a crime for any person who experiences a drug-related overdose, as defined, who, in good faith, seeks medical assistance, or any other person who, in good faith, seeks medical assistance for the person experiencing a drug-related overdose, to be under the influence of, or to possess for personal use, a controlled substance, controlled substance analog, or drug paraphernalia, under certain circumstances related to a drug-related overdose that prompted seeking medical assistance if that person does not obstruct medical or law enforcement personnel."

### ***Currently Enrolled Students***

Pursuant to SDCC's [Student Handbook](#) and Conduct Procedures, the following discipline codes address the misuse of alcohol and drugs:

100.16 Controlled Substances Unlawful manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of controlled substances, identified in federal and state law or regulations.

100.17 Alcohol Manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of alcohol that is unlawful or otherwise prohibited by, or not in compliance with, University policy or campus regulations. No student shall distribute, dispense, possess, use or be under the influence of Alcohol, illegal or unauthorized Controlled Substance or Impairing Substance at a College Location at any time.

Any students found in violation of 100.16 or 100.17 discipline codes are subject to conduct sanctions as describe in the [Student Handbook](#) on page 24.

SDCC complies with applicable Department of Education requirements by taking the following steps, as they apply to students:

- Prepares the College's Drug and Alcohol Abuse Prevention Program (DAAPP) for annual distribution to all currently enrolled students.
- Publishes the Drug and Alcohol Policy on the website and establishes an annual email notification to students with a link to the online documents.
- Incorporates information about Drug and Alcohol Policy and Procedures in New Student Orientation and [Student Handbook](#). See page 23.
- Reserves the right to search the student, vehicle, and/or personal property of student when on College property or other location where instruction occurs, consistent with applicable law.

### ***Employees***

SDCC complies with the Drug Free Workplace Act and applicable Department of Education requirements and will impose sanctions on employees for violation of policies and standards of conduct (consistent with federal, state, and local laws) up to and including reprimands, expulsion, termination, and referral for prosecution.

## **II. Legal Sanctions**

The San Diego County Sheriff's Department-Santee Station enforces all federal and state laws and local ordinances.

### **Federal**

Federal law provides criminal and civil penalties for unlawful possession or distribution of a controlled substance. Under the Controlled Substance Act, as well as other related federal laws, the penalties for controlled substance violations include but are not limited to: incarceration, fines, potential for the forfeiture of property used in possession or to facilitate possession of a controlled substance (which may include homes, vehicles, boats, aircrafts and any other personal or real property), ineligibility to possess a firearm, and potential ineligibility to receive federal educational benefits (such as student loans and grants). 21 U.S.C. Section 812 U.S Code

[Click here for a detailed list of Federal Trafficking penalties](#)

### **State**

The State of California has numerous laws regulating the possession and use of controlled substances and alcohol. As an example, under current California state law, “a person shall not knowingly or intentionally possess or distribute a controlled substance.” If an individual is found guilty of a violation of the state law, they may be subject to large fines and imprisonment. California Health and Safety Code Section 11350-11356.5

A minor (defined as a person under the age of 21) may not “purchase or attempt to purchase alcoholic liquor, consume or attempt to consume alcoholic liquor, possess or attempt to possess alcoholic liquor, or have any bodily alcohol content.” Violations of the law may subject the individual to fines, participation in a substance abuse program, imprisonment, community service hours, and/or out of pocket expenses related to required substance abuse screenings. Business and Professions Code 25662 BP / Vehicle Code 13202.5 VC. The State of California laws can be found on the [California Legislature website](#).

### **Local**

The city of San Diego ordinances includes but are not limited to: consumption in public places, possession and use of alcohol by minors, uncapped liquor in passenger compartments of vehicles, and all substance abuse ordinances. Sanctions could range from a civil infraction with attached fines to probation, rehabilitation, or even imprisonment. Read the [full version of the city ordinances](#). Business and Professions Code 25662 BP / Vehicle Code 13202.5 VC, or directly on the [Drug Enforcement Agency website](#).

## **III. Health Risks**

According to the National Institute of Drug Abuse (NIDA), the following are risks associated with drugs and alcohol abuse. Information regarding health risks associated with drug and alcohol abuse was obtained from the National Institute of Drug Abuse (NIDA) website at: <http://www.drugabuse.gov/drugs-abuse/commonly-abused-drugs/commonly-abused-drugs-chart>.

## ***Drug Abuse***

The following link to National Institute on Drug Abuse – Advancing Addiction Science has a list of the most frequently used drugs and the risks associated with their use.

<https://nida.nih.gov/research-topics/commonly-used-drugs-charts>

## ***Prescription Drug Abuse***

The following link to National Institution on Drug Abuse- Advancing Addiction Science has a list of most frequently used prescription drugs and the risks associated with their use:

<https://nida.nih.gov/sites/default/files/rxreportfinalprint.pdf>

## ***Nicotine Abuse***

Nicotine is readily absorbed into the bloodstream when a tobacco product is chewed, inhaled, or smoked. A typical smoker will take 10 puffs on a cigarette over a period of 5 minutes that the cigarette is lit. Thus, a person who smokes about 1½ packs (30 cigarettes) daily gets 300 “hits” of nicotine each day.

Upon entering the bloodstream, nicotine immediately stimulates the adrenal glands to release the hormone epinephrine (adrenaline). Epinephrine stimulates the central nervous system and increases blood pressure, respiration, and heart rate.

Like cocaine, heroin, and marijuana, nicotine increases levels of the neurotransmitter dopamine, which affects the brain pathways that control reward and pleasure. For many tobacco users, long-term brain changes induced by continued nicotine exposure result in addiction—a condition of compulsive drug seeking and use, even in the face of negative consequences. Studies suggest that additional compounds in tobacco smoke, such as acetaldehyde, may enhance nicotine’s effects on the brain.

When an addicted user tries to quit, he or she experiences withdrawal symptoms including irritability, attention difficulties, sleep disturbances, increased appetite, and powerful cravings for tobacco.

## ***Alcohol Abuse***

Ethyl alcohol, or ethanol, is an intoxicating ingredient found in beer, wine, and liquor. Alcohol is produced by the fermentation of yeast, sugars, and starches. It is a central nervous system depressant that is rapidly absorbed from the stomach and small intestine into the bloodstream. A standard drink equals 0.6 ounces of pure ethanol, or 12 ounces of beer; 8 ounces of malt liquor; 5 ounces of wine; or 1.5 ounces (a “shot”) of 80-proof distilled spirits or liquor (e.g., gin, rum, vodka, or whiskey).

Alcohol affects every organ in the drinker's body and can damage a developing fetus. Intoxication can impair brain function and motor skills; heavy use can increase risk of certain cancers, stroke, and liver disease. Alcoholism or alcohol dependence is a diagnosable disease

characterized by a strong craving for alcohol, and/or continued use despite harm or personal injury. Alcohol abuse, which can lead to alcoholism, is a pattern of drinking that can result in harm to one's health, interpersonal relationships, or ability to work.

#### **IV. Drug and Alcohol Programs and Resources**

SDCC is committed to supporting the whole student through their educational process. To this end, various services, programs, and events have been developed. During the New Student Welcome and Orientation, students will be given an overview of their rights and responsibilities for conduct and resources available to them both on and off campus. Some of the community-based resources available to both students and employees include the following:

##### ***Community Based Programs and Resources***

- **Outpatient and Community Based Substance Abuse Services University of California San Diego Dual Disorders Integrated Treatment and Recovery** - 619-299-3510  
140 Arbor Drive San Diego, CA 92103
- **Paradise Valley Hospital Adult Inpatient Mental Health Services** - 619-470-4321  
2400 East Fourth Street National City, CA 91950 <http://www.paradisevalleyhospital.org/>
- **Vista Hill Substance Abuse Treatment Program for Parents** - 619-668-4200  
4990 Williams Avenue La Mesa, CA 91941 <http://www.vistahill.org/>
- **Scripps Health Scripps McDonald Center Substance Abuse Treatment** - 800-382-4357  
9896 Genesee Ave La Jolla, CA 92037 <http://www.scripps.org>
- **San Diego American Indian Health Center Behavioral Health Department** - 619-234-2158  
2602 First Avenue Suite 105 San Diego CA 92103 – 6599 <http://www.sdaihc.com/>
- **San Ysidro Health Center National City Family Clinic** - 619-336-2300  
1136 D Avenue National City, CA 91950 <http://www.syhc.org/>
- **St. Vincent de Paul Village Family Center Addiction Treatment & Education Center** - 619-233-8500 3350 E Street San Diego, CA 92102 <http://www.svdpv.org/services.html>

##### ***Community Drug and Alcohol Treatment***

- **Volunteers of America** - 101 16th Street- (619) 232-9343 - detox for unfunded patients
- **Crash** / outpatient group treatment - (619) 263-6663 - inpatient treatment - (619) 233- 8054.
- **Escondido Community Sobering** - 401 North Spruce Street - detox and outpatient group - (760) 747-1553
- **McAlister East** - detox and outpatient group - sliding fee scale - (619) 442-0277
- **Salvation Army** -1335 Broadway - inpatient treatment - no detox - walk-ins M-F 7:30am-4pm - (619) 239-4037
- **Scripps McDonald Center** - 9896 Genesee Avenue- detox, inpatient, outpatient, group and individual - (858) 626-4300

#### **V. Disciplinary Sanctions**

Consistent with federal, state, and local laws, SDCC will impose sanctions on students and employees for violation of College policies and standards of conduct, up to and including expulsion, termination, and referral for prosecution. Possible sanctions are described in more detail below.

### ***Currently Enrolled Students***

Pursuant to SDCC's Student Handbook and Conduct Procedures, the following discipline codes address the misuse of alcohol and drugs:

100.16 Controlled Substances Unlawful manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of controlled substances, identified in federal and state law or regulations.

100.17 Alcohol Manufacture, distribution, dispensing, possession, use, or sale of, or the attempted manufacture, distribution, dispensing, or sale of alcohol that is unlawful or otherwise prohibited by, or not in compliance with, University policy or campus regulations. No student shall distribute, dispense, possess, use or be under the influence of Alcohol, illegal or unauthorized Controlled Substance or Impairing Substance at a College Location at any time.

Any students found in violation of 100.16 or 100.17 discipline codes are subject to conduct sanctions as describe in the Student Handbook on page 24. When a student is found in violation of College policies or campus regulations, any of the following sanctions or combination thereof may be imposed. Any sanction imposed should be appropriate to the violation, taking into consideration the context, previous violations, and seriousness of the violation. Per the Student Handbook, if a student is found responsible for violating 100.16 or 100.17 conduct sanctions could include the following:

- 101.01 Warning/Censure
- 101.01(a) Non-Reportable Warning
- 101.01(b) Reportable Warning
- 101.02 Disciplinary Probation
- 101.03 Loss of Privileges and Exclusion from Activities
- 101.04 Suspension
- 101.05 Dismissal
- 101.06 Exclusion from Areas of the Campus or from Official College Functions
- 101.07 Interim Suspension
- 101.08 Restitution
- 101.09 Revocation of Awarding of Degree
- 101.10 Other - Other disciplinary actions, such as monetary fines, community service, or holds on requests for transcripts, diplomas, or other student records to be sent to third parties, as set forth in campus regulations.

### ***Employees***



SDCC will impose sanctions on students and employees for violation of policies and standards of conduct (consistent with federal, state, and local laws) up to and including reprimands, expulsion, termination, and referral for prosecution.

## **VI. Annual Notification of the DAAPP**

### ***Student Notification***

The DAAPP and the Drug and Alcohol policy will be distributed to all currently enrolled curriculum students via individual student email accounts (name @sdcc.edu) on or before November 1st. It is also posted continuously on the Consumer Information page on the SDCC website. In addition to email dissemination, the College will:

- Publish the Drug and Alcohol Policy and Procedures in the Student Handbook and Catalog. The printed version of the Student Handbook and Catalog will be revised each August, while updates to the online version of the document can be made as revisions occur.
- Incorporate information on the College's Drug and Alcohol Policy and Procedures into New Student Welcome and New Student Orientation. Students are shown where to find the information on the Consumer Information page on the College's website. This activity is a required admission step for every incoming curriculum student.
- DAAPP information is published on SDCC's website under Consumer Information.

### ***Employee Notification***

The DAAPP and the Drug and Alcohol Policy will be distributed to all current employees of the college via email on or before November 1<sup>st</sup>. In addition to email dissemination, the College will:

- Publish the Drug and Alcohol Policy and Procedures on the website under Consumer Information.
- DAAPP information is published on SDCC's website under Consumer Information.

## **VII. Oversight Responsibility**

The Vice President of Enrollment and Student Services or designee and faculty and staff members of the SDCC CARE Team (The College's Behavioral Intervention Team) shall serve as the main contacts that will have oversight responsibility of the DAAPP including, but not limited to, updates, coordination of information presented in the DAAPP, and coordination of the annual notification to employees and students, and the biennial review.